

## Philadelphia Salad Pitta

Serves 2

Preparation time: 3 minutes

Total time: 5 minutes

### Ingredients:

2 pitta bread

60g (2 ½ oz) Philadelphia Extra Light

1 yellow pepper, cored, de-seeded and sliced

2 – 3 tomatoes, sliced

A few mixed salad leaves



### Method:

- 1 Warm the pitta breads and cut in half.
- 2 Fill the pitta breads with the Philadelphia and salad ingredients.
- 3 Enjoy immediately!

### Nutritional value per serving

Calories:	1136kJ / 271kcal
Protein:	12.9g
Carbohydrate:	49.4g
Of which Sugars:	10.195g,
Fat:	3.8g
Of which Saturated fat:	1.8g
Sodium*:	0.5g
*Equivalent as Salt:	1.25g
Fibre (Englyst):	4.095g